



Frontier Health and Wellness

Date: _____ Name: _____ Age: _____ Gender: _____

1. It is difficult for me to understand how other people are feeling when we are talking.

- True both now & when younger
- True only now
- True only when younger
- Never true

2. Some ordinary textures that do not bother others feel very offensive when they touch my skin.

- True both now & when younger
- True only now
- True only when younger
- Never true

3. It is very difficult for me to work and function in groups.

- True both now & when younger
- True only now
- True only when younger
- Never true

4. It is difficult to figure out what other people expect of me.

- True both now & when younger
- True only now
- True only when younger
- Never true

5. I often don't know how to act in social situations.

- True both now & when younger
- True only now
- True only when younger
- Never true

6. I can chat and make small talk with people.

- True both now & when younger
- True only now
- True only when younger
- Never true

7. When I feel overwhelmed by my senses, I have to isolate myself to shut them down.

- True both now & when younger
- True only now
- True only when younger
- Never true

8. How to make friends and socialize is a mystery to me.

- True both now & when younger
- True only now
- True only when younger
- Never true

9. When talking to someone, I have a hard time telling when it is my turn to talk or to listen.

- True both now & when younger
- True only now
- True only when younger
- Never true

10. Sometimes I must cover my ears to block out painful noises (like vacuum cleaners or people talking too much or too loudly).

- True both now & when younger
- True only now
- True only when younger
- Never true

11. It can be very hard to read someone's face, hand, and body movements when we are talking.

- True both now & when younger
- True only now
- True only when younger
- Never true

12. I focus on details rather than the overall idea.

- True both now & when younger
- True only now
- True only when younger
- Never true

13. I take things too literally, so I often miss what people are trying to say.

- True both now & when younger
- True only now
- True only when younger
- Never true

14. I get extremely upset when the way I like to do things is suddenly changed.

- True both now & when younger
- True only now
- True only when younger
- Never true