



Screen for Child Anxiety Related Disorders (SCARED)

Teacher Version - Page 1 of 2 (To be filled out by the TEACHER)

Name: _____ Date: _____

Directions:

Below is a list of statements that describe how people feel. Read each statement carefully and decide if it is “Not True or Hardly Ever True” or “Somewhat True or Sometimes True” or “Very True or Often True” for the child. Then for each statement, fill in one circle that corresponds to the response that seems to describe the child for the last 3 months. Please respond to all statements as well as you can, even if some do not seem to concern the child.

		0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True
1.	When the child feels frightened, it is hard for him/her to breathe	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2.	The child gets headaches when he/she is at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3.	The child doesn't like to be with people he/she doesn't know well	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4.	The child gets scared if he/she sleeps away from home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5.	The child worries about other people liking him/her	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6.	When the child gets frightened, he/she feels like passing out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7.	The child is nervous	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8.	The child follows me wherever I go	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9.	People tell me that the child looks nervous	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10.	The child feels nervous with people he/she doesn't know well	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11.	The child gets stomachaches at school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12.	When the child gets frightened, he/she feels like he/she is going crazy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13.	The child worries about sleeping alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14.	The child worries about being as good as other kids	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15.	When he/she gets frightened, he/she feels like things are not real	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16.	The child has nightmares about something bad happening to his/her parents	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17.	The child worries about going to school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18.	When the child gets frightened, his/her heart beats fast	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19.	He/she gets shaky	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20.	The child has nightmares about something bad happening to him/her	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



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		0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True
21.	The child worries about things working out for him/her	o	o	o
22.	When the child gets frightened, he/she sweats a lot	o	o	o
23.	The child is a worrier	o	o	o
24.	The child gets really frightened for no reason at all	o	o	o
25.	The child is afraid to be alone in the house	o	o	o
26.	It is hard for the child to talk with people he/she doesn't know well	o	o	o
27.	When the child gets frightened, he/she feels like he/she is choking	o	o	o
28.	People tell me that the child worries too much	o	o	o
29.	The child doesn't like to be away from his/her family	o	o	o
30.	The child is afraid of having anxiety (or panic) attacks	o	o	o
31.	The child worries that something bad might happen to his/ her parents	o	o	o
32.	The child feels shy with people he/she doesn't know well	o	o	o
33.	The child worries about what is going to happen in the future	o	o	o
34.	When the child gets frightened, he/she feels like throwing up	o	o	o
35.	The child worries about how well he/she does things	o	o	o
36.	The child is scared to go to school	o	o	o
37.	The child worries about things that have already happened	o	o	o
38.	When the child gets frightened, he/she feels dizzy	o	o	o
39.	The child feels nervous when he/she is with other children or adults and he/she has to do something while they watch him/her (for example: read aloud, speak, play a game, play a sport)	o	o	o
40.	The child feels nervous when he/she is going to parties, dances, or any place where there will be people that he/she doesn't know well	o	o	o
41.	The child is shy	o	o	o